

Supporting Success of Students with ADHD

Executive Function Management Strategies that Work!

with Adiaha Spinks-Franklin, MD, MPH, FAAP

December 8, 2026, 8:30 am–3:30 pm Eastern Time

Live Online via Zoom

Full \$279 Early Bird \$239 Early Bird Group \$199

Early bird savings end November 6, 2026

Elevate your therapy practice!



Are your students with ADHD engaged and thriving both inside and outside the classroom? Are you seeking proven strategies that you can seamlessly integrate into your existing interventions to help them succeed? Look no further! Adiaha, esteemed President of the Society of Developmental and Behavioral Pediatrics, is ready to equip you with evidence-informed management strategies.

She begins by laying the foundation with comprehensive insights into the DSM-V criteria, neurobiology, and the diagnostic process of ADHD. You will learn why a child you are working with might have complex ADHD, a common condition where ADHD co-occurs with other neurodevelopmental or learning diagnoses. She will reinforce the importance of being proactive practitioners to prevent the consequences of undiagnosed and untreated ADHD. Adiaha will share her Model of Executive Functions (EFs) to show how dysfunctions in EFs impact the way your students with ADHD *think, feel, and act* across various settings – be it in school, at home, or in your intervention sessions. She will then enrich your toolkit with an array of resources and interventions that work! Adiaha will provide you with multiple EF strategies to empower your students in managing their own behaviors during your sessions and in their real life! Discover ideas for ADHD-supportive classroom, effective communication and instruction, classroom behavior management, completion of class work, homework, as well as individual and group projects, self-care, and other ways to support the student, teachers, and families. Adiaha will ensure an interactive day with multiple case studies and activities throughout.

Leave this day empowered with multiple concrete strategies to help your students the very next day!

Audience: OTs, OTAs, PTs, PTAs, SLPs, & Educators

Educational Level: Intermediate

Registration

For more info and registration

[Click here!](#)

Or contact Carlo at carlo@applyebp.com
646-269-9039

Learning Objectives

At the completion of the course, the learner is expected to:

1. Identify 3 core symptoms of ADHD
2. Select 3 symptoms or criteria that qualify as Complex ADHD
3. Determine 3 ways executive functioning disorders may impact the student's behaviors in the classroom, in your intervention session, other school environments, and at home
4. Apply 3 strategies to help students with ADHD manage their own behaviors during your intervention sessions on a given case scenario
5. Apply 3 strategies to help students engage in and be productive in various school activities and routines on a given case scenario
6. Identify 3 critical consequences of undiagnosed, misdiagnosed, untreated, and/or mis-treated ADHD

Your Mentor:

Adiaha Spinks-Franklin, MD, MPH, FAAP is a board certified Developmental-Behavioral Pediatrician. She has more than 20 years' experience in caring for children and adolescents with developmental disabilities and behavior disorders, and in training pediatric health care professionals in the US and abroad. She holds leadership positions in many national pediatric professional organizations. She identifies as Wonder Woman.

Disclosures: Adiaha receive speaking fees from Apply EBP, LLC. She has no relevant nonfinancial relationships to disclose.

Agenda

The times below are in the **Eastern Time Zone**. Note that you may be in a different time zone.

- 8:30 am What Is ADHD? (lecture)
 - DSM-V Criteria, Neurobiology, Prevalence
- 9:00 am Why the Child You Are Working with Might Have ADHD (lecture, discussions)
 - Complex ADHD, Co-occurring Conditions
 - ADHD Medications
- 9:15 am Natural History of ADHD (lecture, discussions)
 - Undiagnosed, Misdiagnosed, Untreated, Mis-treated ADHD
- 9:30 am ADHD and Executive Functions (lecture, discussion)
 - Adiaha's Model of Executive Functions (EFs)
 - OT, PT, and Speech Services and EFs
- 10:00 am Break
- 10:15 am Executive Function Management Strategies (lecture, discussion)
- 11:15 am Case Studies (case application, discussion)
- 11:45 pm Lunch (on your own)
- 12:15 pm ADHD, EFs, and Classroom Behavior Challenges (lecture, discussion)
- 12:45 pm Classroom Behavior Management Strategies (lecture, activities, discussions)
 - ADHD-friendly School Environment
 - Managing Core ADHD Symptoms
 - Organizing School materials
 - Task Persistence
- 1:45 pm Break
- 2:00 pm Classroom Behavior Management Strategies, continued (lecture, activities, discussions)
 - Projects: Individual and Group Projects
 - Self-Care
- 2:45 pm Case Studies (case application, discussion)
- 3:15 pm Action Plan for Supporting Success of Students with ADHD (activity, discussions)
- 3:30 pm Adjourned

Cancellation policy: Registrants may cancel up to 14 days prior to the course for a refund minus a \$75 administration fee. There is no cancellation less than 14 days prior to the course; you can find a substitute or use your registration to attend a future Apply EBP course. There is no cancellation or substitution after you have received any course material; you can use your registration to attend a future presentation of the same course. Email applyebp@gmail.com to request to cancel. Apply EBP reserves the right to cancel a course up to 14 days prior to the course due to insufficient registration, with a full refund to registrants. Please do not arrange non-refundable travel arrangements until 13 days prior to the course, as Apply EBP is not responsible for such expenses.

Accommodation: Email or call 2 weeks prior to the course with requests for accommodation.

CEUs

6 hours of continuing education training are awarded to learners who complete this course

For OTs and OTAs

- Apply EBP, LLC is an AOTA-approved provider of CEUs. You will receive 0.6 AOTA CEUs for completing this course.



For PTs and PTAs

- Apply EBP, LLC is an approved provider of CEUs in IL, NM, NY, OK and TX (APS #: 2703055TX)
- This course is approved in CA, MD (#2024-642, thru 6/28/28), and NJ (2606-03 thru 1/31/28).
- These PT state boards accept approval by other state boards or state associations: AK, AZ, DE, FL, HI, IN, KS, KY, MA, MI, MT, NC, ND, OR, PA, RI, SD, UT, VT, VA, WI, WY and DC.
- These states do not require pre-approval of courses or have no CE requirements: AL, CO, CT, GA, IA, ME, MO, NE, NH and WA.

If you would like to obtain CEUs for another state, please email carlo@applyebp.com.

ASHA CEUs

- 0.6 ASHA CEUs | Intermediate Level



- ASHA CE Provider approval and use of the Brand Block does not imply endorsement of course content, specific products, or clinical procedures

For Educators

- Apply EBP is an approved sponsor of CTLE for educators in New York State (#23827)