

Experts Series: Therapy Tools and Strategies for 4 Childhood Health Conditions

with Patti Sharp, OTD, OTR/L, BCP, Karen Tartick, PT,
and Carly Matichak Stock, PT, DPT

December 11, 2026, 8:30 am–3:30 pm ET

Online via Zoom+ 1-year access to on-demand version

Full \$279 Early Bird \$239 Early Bird Group \$199

Early bird savings end November 20, 2026

Elevate your therapy practice!

Looking to strengthen motor skill outcomes and choose the right therapy tools for the right child?

Join Apply EBP's Experts Series and learn from 3 leading experts in pediatric practice as they share practical, evidence-informed strategies for supporting motor skills across four common childhood health conditions.

Patti will start the day with tests used to identify children with probable Developmental Coordination Disorder (DCD) and the six strategies you can implement right away to improve their motor skills. In the 2nd seminar, Patti will present her Top 5 evidence-informed intervention strategies for teaching motor skills in children with Cerebral Palsy.

In the afternoon, Karen will explore how to apply seven motor learning principles to support autistic children and youth in developing meaningful motor skills and participation. Finally, Carly will close this evidence-filled day with the best assessment tools, intervention strategies, and important contraindications for children with Duchenne



Muscular Dystrophy.

Throughout the day, you will see how each speaker applies these research-supported strategies through real-life case studies of children with these health conditions.

You will leave the course with your Therapy Toolbox full of tools and strategies that you can use the very next day!

Audience: OTs, OTAs, PTs, PTAs and Educators

Educational Level: Intermediate

Registration

For more info and registration

[Click here!](#)

Or contact Carlo at

carlo@applyebp.com

646-269-9039

Your Mentors:

Patti Sharp, OTD, MS, OTR/L is a certified CO-OP Instructor, and OT at Cincinnati Children's Hospital Medical Center (CCHMC). She co-leads the Developmental Coordination Disorder Community of Practice at CCHMC. Patti is excited to share her passion for evidence-based practices with her therapy colleagues.

Karen Tartick, PT has been practicing for over 30 years in a variety of settings including outpatient orthopedics, early intervention, acute care, NICU, and school-based practice. Karen has served as a member of the Autism subcommittee of the School Based Physical Therapy Special Interest Group.

Carly Matichak Stock, PT, DPT works as a school-based physical therapist in the Harford County Public Schools in Bel Air, Maryland. Carly was a faculty mentor in the pediatric residency program at Kennedy Krieger Institute responsible for the school-based and muscular dystrophy components.

Disclosures: Patti, Karen, and Carly receive speaking fees from Apply EBP, LLC. They have no relevant nonfinancial relationships to disclose.

Agenda

This course is from **8:30 am – 3:30 pm Eastern Time**. Note that you may be in a different time zone. Contact Carlo at carlo@applyebp.com if you have any questions, need assistance, or are unable to attend all seminars.

8:30 am – 10:00 am: Seminar 1: Developmental Coordination Disorder | Patti Sharp, OTD, OTR/L

In this seminar, Patti will discuss the prevalent but under-diagnosed condition of Developmental Coordination Disorder (DCD). You will learn how to identify children with probable DCD using the 4 Criteria set by the DSM-5, to provide them with proven therapy interventions. Attendees will learn a variety of screening and assessment tools, as well as 6 Strategies to use the very next day that can help children with DCD successfully participate in meaningful activities with their peers.

Learning Objectives: At the completion of this course, the learner will be able to

1. Identify 2 features of task-based interventions
2. Select 2 task-based interventions that have been shown to be effective in helping children with DCD to perform ADLs, play and leisure, or other meaningful activity
3. Determine 2 strategies for the CO-OP Approach and Neuromotor Task Training that a therapist can incorporate into their current interventions

10:00 am – 10:15 am: Break

10:15 am – 11:45 am: Seminar 2: Functional Interventions for Children with Cerebral Palsy: 5 Key Strategies that Work! with Patti Sharp, OTD, OTR/L, BCP

Are you looking for the most effective ways to improve the motor skills of children with cerebral palsy? In this seminar, Patti will start with an overview of the identification, symptoms and diagnosis of cerebral palsy. She will review 2 important classification systems that can guide your interventions: the Manual Ability Classification System (MACS) and the Gross Motor Function Classification System (GMFCS). You will learn about the latest evidence on the most effective interventions in cerebral palsy. She will then share and demonstrate via videos the 5 Key Strategies that you can apply right away to help your pediatric clients achieve their functional motor goals in school, at home, or in the community.

Leave the course with effective interventions for your children with cerebral palsy!

Learning Objectives: At the completion of this course, the learner will be able to

1. Identify 3 primary symptoms of cerebral palsy that impact your pediatric client's motor performance
2. Determine 3 features of effective, evidence-supported interventions for children with cerebral palsy
3. Apply 3 strategies to facilitate achievement of functional goals for children with cerebral palsy in the school, home, or community environment on a given case study

11:45 am – 12:15 pm: Lunch (on your own)

12:15 pm – 1:45 pm: Seminar 3: 7 Motor Learning Principles for Autistic Children & Youth: Evidence-based Strategies to ACHIEVE Function and Participation | Karen E. Tartick, PT

Do you ever struggle to get autistic children to engage in the therapeutic motor activities you plan for them? Or find yourself repeating the same movement tasks again and again, only to see minimal progress—or skills that don't carry over to other settings? You're not alone. Many OT and PT practitioners face the challenge of helping autistic children learn motor skills in ways that are motivating, meaningful, and lasting. Understanding how they learn best is key to unlocking their success. In this seminar, Karen will walk you through 7 key motor learning principles (MLPs) that have been shown in various research

to enhance engagement, retention, and generalization of motor skills for autistic children. You will learn how to embed these principles into your current interventions—whether you're teaching ADL, play, mobility, or other motor skills. Karen will bring these principles to life through video and photo case studies of three autistic children—each representing a different support level.

Learning Objectives: At the completion of this course, attendees will be able to:

1. Identify areas of fine and gross motor challenges common in autistic children
2. Determine 3 evidence-informed strategies to promote motor skills in autistic children and youth
3. Apply 3 motor learning principles to support function and participation in school, at home, or in the community on given case studies of autistic children and/or youth

1:45 pm – 2:00 pm: Break

2:00 pm – 3:30 pm: Seminar 4: Duchenne Muscular Dystrophy: Knowledge Update and Evidence-based Practices | Carly Matichak Stock, PT, DPT

Therapy intervention for children with Duchenne Muscular Dystrophy (DMD) is evolving in response to breakthroughs in pharmacology, medical management & technology. What should do, and what should we not do, to help them succeed at home, in school and in the community? Carly will discuss the stages of DMD progression, current medical management, standardized assessments, and intervention ideas to help you create a therapy plan with realistic and meaningful functional outcomes.

Learning Objectives: At the completion of this course, the learner will be able to

1. Identify at least 2 signs of child muscle weakness that require a referral or discussion with a physician
2. Select 2 specific assessments tools to utilize with individuals with DMD in early stages of disease
3. Identify 2 areas of participation or occupation where therapy interventions can have a positive impact for a client with DMD

Cancellation policy: Registrants may cancel up to 14 days prior to the course for a refund minus a \$75 administration fee. There is no cancellation less than 14 days prior to the course; you can find a substitute or use your registration to attend a future Apply EBP course. There is no cancellation or substitution after you have received any course material; you can use your registration to attend a future presentation of the same course. Email applyebp@gmail.com to request to cancel. Apply EBP reserves the right to cancel a course up to 14 days prior to the course due to insufficient registration, with a full refund to registrants. Please do not arrange non-refundable travel arrangements until 13 days prior to the course, as Apply EBP is not responsible for such expenses.

On-demand access: You will receive access instructions for the on-demand versions on the day of the course. These on-demand versions are pre-recorded to ensure superior quality for a smooth learning experience. Pre-recordings deliver clear content free from distractions or technical issues common in live sessions. Please note that as a result, the pre-recorded and live versions may have differences. *For those attending the live course, your privacy is a priority. Feel confident in participating, knowing that no recordings will be made.*

Accommodation: Contact carlo@applyebp.com for any requests for accommodation.

CEUs

6 hours of continuing education training are awarded to learners who complete this course

For OTs and OTAs

Apply EBP, LLC is an AOTA-approved provider of CEUs. You will receive a total of 0.15 AOTA CEUs for each of the live seminars, for a total of 0.6 AOTA CEUs.

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For PTs and PTAs

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- This course is approved in CA.
- These PT state boards accept approval by other states boards or state associations: AK, AZ, DC, DE, FL, HI, IN, KS, KY, MA, MI, MT, NC, ND, OR, PA, RI, SC, SD, UT, VT, VA, WI & WY.
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If you would like to obtain CEUs for another state, please email carlo@applyebp.com.