

## Experts Series:

# Therapy Tools and Strategies for 4 Childhood Health Conditions

with Carly Matichak Stock, PT, DPT, Patti Sharp, OTD, OTR/L, BCP, Alyssa LaForme Fiss, PT, MPH, and Erika Buckhouse Hanson, PT

November 5, 2024, 8:30 am–3:30 pm ET

Online via Zoom

Full \$249 Early Bird \$219 Early Bird Group \$199

Early bird savings end October 11, 2024

*Elevate your therapy practice!*

Advance your intervention planning, and decision-making for 4 childhood health conditions!



Join Apply EBP's Experts Series, and learn from 4 experts in the field of pediatric practice. This course is aimed at helping you select the right tools for the right child, and plan interventions that have been shown to work!

Carly will discuss assessment tools, interventions, and contraindications for children with Duchenne Muscular Dystrophy. Alyssa will then present the evidence supporting the use of various standardized tests and interventions for children with Down syndrome. Patti will return to equip you with her Top 5 evidence-informed intervention strategies for teaching motor skills in children with Cerebral Palsy. Finally, Erika will discuss the nuts and bolts of one of the most effective intervention tools for clients on the autism spectrum...video modeling! You will see various examples of using video modeling for attaining motor and behavior goals.

You will leave the course with your Therapy Toolbox full of tools and strategies that you can use the very next day to help children with these health conditions achieve their goals!

**Audience:** OTs, OTAs, PTs, PTAs and Educators

**Educational Level:** Intermediate

**Your Mentors:**

**Alyssa LaForme Fiss, PT, PhD** is a Professor at Texas Woman's University in Dallas, Texas. Her research focuses on examining and identifying effective service delivery models to improve activity and participation in children and youth with cerebral palsy and Down syndrome. She has published widely and has presented internationally.

**Patti Sharp, OTD, MS, OTR/L** is a certified CO-OP Instructor, and OT at Cincinnati Children's Hospital Medical Center (CCHMC). She co-leads the Developmental Coordination Disorder Community of Practice at CCHMC. Patti is excited to share her passion for evidence-based practices with her therapy colleagues.

**Erika Buckhouse Hanson, PT** has worked in the schools for 18 years. She is a clinical instructor, and mentor to therapists and special education teachers. She co-wrote North Dakota's first-ever Guidelines for Occupational and Physical Therapy in Educational Settings.

**Carly Matichak Stock, PT, DPT** works as a school-based physical therapist in the Harford County Public Schools in Bel Air, Maryland. Carly was a faculty mentor in the pediatric residency program at Kennedy Krieger Institute responsible for the school-based and muscular dystrophy components.

Disclosures: Patti, Erika, Carly and Alyssa receive speaking fees from Apply EBP, LLC. They have no relevant nonfinancial relationships to disclose.

**Registration**

For more info and registration

[Click here!](#)

Or contact Carlo at  
[carlo@applyebp.com](mailto:carlo@applyebp.com)  
646-269-9039

## Agenda

This course is from **8:30 am – 3:30 pm Eastern Time**. Note that you may be in a different time zone. Contact Carlo at [carlo@applyebp.com](mailto:carlo@applyebp.com) if you have any questions, need assistance, or are unable to attend all seminars.

8:30 am – 10:00 am: Seminar 1: Duchenne Muscular Dystrophy: Knowledge Update and Evidence-based Practices | Carly Matichak Stock, PT, DPT

Therapy intervention for children with Duchenne Muscular Dystrophy (DMD) is evolving in response to breakthroughs in pharmacology, medical management & technology. What should do, and what should we not do, to help them succeed at home, in school and in the community? Carly will discuss the stages of DMD progression, current medical management, standardized assessments, and intervention ideas to help you create a therapy plan with realistic and meaningful functional outcomes.

Learning Objectives: At the completion of this course, the learner will be able to

1. Identify at least 2 signs of child muscle weakness that require a referral or discussion with a physician
2. Select 2 specific assessments tools to utilize with individuals with DMD in early stages of disease
3. Identify 2 areas of participation or occupation where therapy interventions can have a positive impact for a client with DMD

10:00 am – 10:15 am: Break

10:15 am – 11:45 am ET: Seminar 2: Down Syndrome: Assessment and Intervention Planning | Alyssa LaForme Fiss, PT, PhD

By using evidence-informed measures and interventions, therapists can help improve the health, mobility, independent living skills and overall quality of life of young children with Down Syndrome. In this course, Alyssa will review the common presentation of young children with Down Syndrome, and the expected trajectory of their motor skill development. Participants will learn the evidence supporting the use of various standardized assessment tools and intervention approaches. She will discuss how to leverage this knowledge so that participants can confidently participate and contribute to goal setting, creation of plan of care and provision of services and supports to help the child succeed from early childhood to adolescence.

Learning Objectives: At the completion of this course, the learner will be able to

1. Identify 2 assessment tools that are appropriate for children with Down Syndrome
2. Determine the application of motor growth curves and probabilities in intervention planning
3. Select 2 intervention strategies that have been shown to promote performance in children with Down Syndrome

11:45 am – 12:15 pm: Lunch (on your own)

12:15 pm – 1:45 pm: Seminar 3: Functional Interventions for Children with Cerebral Palsy: 5 Key Strategies that Work! with Patti Sharp, OTD, OTR/L, BCP

Are you looking for the most effective ways to improve the motor skills of children with cerebral palsy? In this seminar, Patti will start with an overview of the identification, symptoms and diagnosis of cerebral palsy. She will review 2 important classification systems that can guide your interventions: the Manual Ability Classification System (MACS) and the Gross Motor Function Classification System (GMFCS). You will learn about the latest evidence on the most effective interventions in cerebral palsy. She will then

share and demonstrate via videos the 5 Key Strategies that you can apply right away to help your pediatric clients achieve their functional motor goals in school, at home, or in the community.

Leave the course with effective interventions for your children with cerebral palsy!

Learning Objectives: At the completion of this course, the learner will be able to

1. Identify 3 primary symptoms of cerebral palsy that impact your pediatric client's motor performance
2. Determine 3 features of effective, evidence-supported interventions for children with cerebral palsy
3. Apply 3 strategies to facilitate achievement of functional goals for children with cerebral palsy in the school, home, or community environment on a given case study

1:45 pm – 2:00 pm: Break

2:00 pm – 3:30 pm: Seminar 4: Video Modeling: Nuts and Bolts of Creating and Utilizing Videos in Your Interventions for Autistic Children | Erika Buckhouse Hanson, PT

Want another therapy tool in your toolbox that is proven to work? Join Erika as she talks about the use of video modeling to help the children and youth that you work with achieve meaningful life outcomes in ADL, mobility, social participation, communication, education, play and others. In this continuing education webinar, you will learn the science and evidence behind video modeling as applied for various diagnoses, including children with autism. Erika will walk you through the use of video modeling, from selecting a skill to target, analyzing task, choosing the type of video modeling to use, how to safely share and playback videos.

Learning Objectives: At the completion of this course, the learner will be able to

1. Select 2 skills that can be targeted with video modeling to help a pediatric client participate in ADLs, social participation, play and leisure or other meaningful activities
  2. Identify 3 strategies in creating a video to utilize for video modeling
  3. Determine 2 strategies in implementing video modeling for a pediatric client
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## CEUs

6 hours of continuing education training are awarded to learners who complete this course

### For OTs and OTAs

- Apply EBP, LLC is an AOTA-approved provider of CEUs (see imprimatur below for details).



### For PTs and PTAs

- Apply EBP, LLC is an approved provider of CEUs in IL, NM, NY, OK (BAP202310011) and TX (APS #: 2403055TX)
- This course is approved in CA and NJ (#2205-22 thru 1/31/26).
- These PT state boards accept approval by other states boards or state associations: AK, AZ, DC, DE, FL, HI, IN, KS, KY, MA, MI, MT, NC, ND, OR, PA, RI, SD, TN, UT, VT, VA, WI & WY.
- These states do not require pre-approval of courses or have no CE requirements: AL, CO, CT, GA, IA, ID, ME, MO, NE, NH & WA.

If you would like to obtain CEUs for another state, please email [carlo@applyebp.com](mailto:carlo@applyebp.com).

Cancellation policy: Registrants may cancel up to 14 days prior to the course for a refund minus a \$75 administration fee. There is no cancellation less than 14 days prior to the course; you can find a substitute or use your registration to attend a future Apply EBP course. There is no cancellation or substitution after you have received any course material; you can use your registration to attend a future presentation of the same course. Email [applyebp@gmail.com](mailto:applyebp@gmail.com) to request to cancel. Apply EBP reserves the right to cancel a course up to 14 days prior to the course due to insufficient registration, with a full refund to registrants. Please do not arrange non-refundable travel arrangements until 13 days prior to the course, as Apply EBP is not responsible for such expenses.

Accommodations: Contact Carlo for any requests for accommodation.