

3 Practical Takeaways



Promoting Occupational Therapy via an occupation-centered practice

From: Ford, E., Di Tommaso, A., Molineux, M., & Gustafsson, L. (2022).
Identifying the characteristics of occupation-centred practice: A Delphi study.
Australian Occupational Therapy Journal, 69(1), 25-37.

1 Make ***OCCUPATION*** the core of your practice

- Start assessments with an occupational profile that identifies occupational issues
- Discuss occupational goals as early as possible

2 Use ***OCCUPATION*** as the primary therapy medium

- Interventions should engage clients in an occupation that is important to them
- Advocate, educate, advise, and consult to increase engagement in occupations

3 Try ***OCCUPATION*** as the headings in your documentations

- In your reports, use education, play, & ADL, instead of fine motor or sensory
- Link your other findings back to the identified occupations

Elevate your therapy practice!
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