S Practical ApplyEBP Takeaways



Handwriting Assessment and Intervention Recommendations for Children with DCD

From Barnett, A. L., & Prunty, M. (2021). Handwriting difficulties in developmental coordination disorder (DCD). Current Developmental Disorders Reports, 8(1), 6-14.

- 1 Multiple areas affect writing legibility & speed. Assess them!
 - Use tests to measure motivation to engage in writing (e.g., HPSQ, HPSQ-C), legibility across different writing tasks (e.g., HLS), and speed (e.g., HPSQ, HPSQ-C, DASH)
 - Look into cognitive and linguistic variables (e.g., oral vs. written text production)
 - Evidence is lacking in use of VM/VP tests to understand handwriting in DCD
- 2 Apply activity- & participation-oriented interventions
 - CO-OP to encourage children to pay attention to the features of their writing, and use of self-evaluation/guided discovery to problem-solve & improve performance
 - Adapt and control the demands of the task throughout the learning process
- 3 Improvement takes time...at least 20 practice sessions
 - Work with teachers, parents & caregivers to "support the child in developing consistent strategies for writing which are positively reinforced and supported"
 - Practice sessions should be at least 10 minutes, 3-5 times a week

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