

3 Practical Takeaways



3 Strategies to Improve Handwriting & Spelling in Children with Specific Learning Disabilities

From Bray, L., Skubik-Peplaski, C., & Ackerman, K. B. (2021). A Systematic Review of the Effectiveness of Interventions to Improve Handwriting and Spelling in Children with Specific Learning Disabilities. *Journal of Occupational Therapy, Schools, & Early Intervention*, 1-29.

1 Handwriting-specific and spelling-specific interventions

- Led to more significant outcomes than interventions focused on improving the components of visual perception, visual motor, and sensorimotor skills

2 Self-managed interventions with “focus on engagement, ownership, and independence”

- “The more independent the use of the technique, the stronger the results”

3 Instruction of tools a child can use to self-correct errors

- Increases student engagement
- Improves performance skills and patterns

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