

# 3 Practical Takeaways



## Factors associated with decreased participation in pre-K students born pre-term

Lessons from Cameron, K. L., FitzGerald, T. L., Albeshier, R. A., McGinley, J. L., Allison, K., Lee, K. J., ... & Spittle, A. J. (2021). Barriers and facilitators to community participation for preschool age children born very preterm: a prospective cohort study. DMCN, 63(6), 675-682..

### 1 **The Unexpected: Motor impairment was not associated with participation frequency or involvement**

- This is great news! Let's keep them participating in as many areas as possible as they get older, and not allow "patterns of reduced participation" to occur

### 2 **The Red Flag: Higher social risk is associated with lower participation frequency and involvement**

- Assess social risk! Ensure that children with higher social risk are supported to participate at home, in school and in the community

### 3 **The Easily Modifiable: Environmental factors were viewed by parents as not helpful to participation**

- Adapt the environment! Modify factors such as "social and physical demands of activities, physical layout and sensory qualities" of the environment

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