

Self-Monitoring Strategies for Your Pediatric Clients

Structuring Your Sessions for Success

with Amy Coopersmith, MOT, OTR/L, MA, Ed

On-Demand Webinar

1.5 Hours | \$65

Elevate your therapy practice!

Do you work with children who exhibit off-task behavior, negative social interactions, and excessive time to complete a task? Self-monitoring of progress is an evidence-based approach that can be easily implemented in your practice and lead to better outcomes. Amy will show practitioners how to structure their sessions to promote child-led self-monitoring, utilizing various concrete evidence-informed strategies. The needs of children across the age span, from 3 – 21 years old, with wide-ranging abilities and disabilities will be addressed. Be ready to create your very own evidence-based self-monitoring treatment plan!!

Audience: OTs, PTs, OTAs, PTAs, SLPs & Educators

Educational Level: Intermediate

Learning Objectives

At the completion of this course, attendees will be able to:

1. Identify 3 benefits of self-monitoring to the client's participation in education, ADLs, play and leisure, and other meaningful activities.
2. Select 3 self-monitoring tools that can be incorporated in therapy interventions.
3. Determine 3 ways to modify the self-monitoring process for different client populations.

Your Mentor: Amy Coopersmith, MOT, OTR/L, MA, Ed worked as an OT Supervisor, clinician and evaluator for the NYC Department of Education for 17 years. She is also a prolific lyricist, writing songs about Children's Self-Determination and Mental Health. She is passionate about promoting children's self-determination and has provided workshops at national conferences and online learning communities. Previously, Amy taught Pediatric Assessment and Treatment at Mercy College and worked for ten years as a teacher in

New York City. When you ask Amy about a children's mental health topic, she'll tell you, "I've Got A Song for That!"

Disclosures: Amy receives a speaking fee from Apply EBP, LLC. She has no relevant nonfinancial relationships to disclose.

Agenda

- Overview of Self-Monitoring (18 minutes)
- Child-Led Goal Setting and Choice Making (7 minutes)
- Steps to Implementing a Self-Monitoring Treatment Plan (32 minutes)
- Creating Goal Charts, Cards and Graphs to Maximize Children's Success (25 minutes)
- Case studies (16 minutes)
- Post-test: 10-item multiple choices. 70% correct answers required to receive a certificate.

Registration: \$65 for 60-day access. [Click here](#)

Policies

Cancellation Policy: There is no cancellation once webinar is purchased. You will have access to this course for at least 60 days. Please email carlo@applyebp.com if you have any questions.

Accommodations Request: Apply EBP, LLC abide by all provisions of the Americans with Disabilities Act (ADA). Apply EBP, LLC is committed to equal educational access for individuals with disabilities. Apply EBP, LLC does not discriminate against any individuals with disabilities from registering or attending any of our courses. This webinar is closed captioned in English. Individuals with disabilities are encouraged to contact us via carlo@applyebp.com or phone (646-269-9039) with requests for accommodations. Apply EBP, LLC will make every effort to provide reasonable accommodations.

CEUs: 1.5 CE hour of training are awarded after course completion

For OTs and OTAs

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- These OT state boards accept approval by AOTA, other state boards or associations: AL, AK, AR, DE, DC, FL, IL, IN, KY, LA, MD, MI, MN, MS, MO, MT, NV, NH, NM, NY, NC, ND, OH, OR, OK, PA, RI, SC, SD, TN, TX, VT, VA, and WI.
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For PTs and PTAs

- Apply EBP, LLC is an approved provider of CEUs for PTs and PTAs in IL, NY, and TX (APS # 2403055TX).
- This webinar is approved for PTs and PTAs in AR, CA, NM (thru 8/15/22) and OK (thru 12/31/21).
- These PT state boards accept approval by other states boards, state associations: AK, AZ, DC, DE, FL, HI, IN, KY, MI, MT, NC, ND, OR, PA, RI, SD, TN, UT, VT, VA, WI, and WY.
- These states do not require pre-approval of courses or have no CE requirements for PTs and PTAs: AL, CO, CT, GA, IA, KS, ME, MA, MO, NE, NH and WA.

For Teachers

- Apply EBP is an approved sponsor of CTLE for educators in New York State (#23827).

If you would like to obtain CEUs for another state, please email carlo@applyebp.com

For more info, visit www.applyebp.com or contact Carlo at carlo@applyebp.com, 646-269-9039.

Bundle Deal

“Self-Monitoring Strategies” is part of the Self-determination Strategies Bundle



Bundle Price: 4 Webinars for the Price of 3: \$195

Bundle Description: Why not develop the child’s self-determination as you work on mobility, handwriting, ADLs, play, social participation and other skills?! Learn how to use self-determination strategies to motivate children to participate in your sessions and in the completion of their home activity programs. Learn self-management strategies that will prepare your clients to manage life a complex world. And in the process of using Amy’s self-determination strategies, you will also increase their potential to become successful adults! Watch each video at your own pace. Download Apply EBP’s practical toolkit. Take the post-test and receive your certificates of completion. Have a great time learning!

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