

# ApplyEBP's 3 Practical Takeaways

From the article *“Evaluating Interventions that Improve Participation in Chores in Children and Youth with Disabilities: A Systematic Review.”*

Laverdure, P., Nemece, E., Johnson, C., & Blake, T. (2021). *Journal of Occupational Therapy, Schools, & Early Intervention*, 1-17..

## How Can You Promote Chore Participation?

The following were found to have moderate evidence support:

1

### ***Engage Child in Naturally Occurring Occupations***

- ✓ Practice chores in vivo (at home or in school)
- ✓ Integrate practice into family routines
- ✓ Conduct simulated classroom training
- ✓ Conduct community-based instruction

2

### ***Use Cognitive-based Interventions***

- ✓ Use task analysis
- ✓ Use written or verbal step-by-step checklists
- ✓ Use guided problem-solving
- ✓ Use prompting hierarchy

3

### ***Integrate the Use of Technology***

- ✓ Use video modeling
- ✓ Use mobile and tablet technology to teach tasks
- ✓ Use pictures + voice prompting