

ApplyEBP's 3 Practical Takeaways

From the article: **Physical Therapy Management of Children With Developmental Coordination Disorder: An Evidence-Based Clinical Practice Guideline From the Academy of Pediatric Physical Therapy of the APTA.** Dannemiller, L., Mueller, M., Leitner, A., Iverson, E., & Kaplan, S. L. (2020). *Pediatric Physical Therapy*, 32(4), 278-313.

Management of Children with Developmental Coordination Disorder

1

Assessment: Use the **Movement-ABC-2** or the **BOT-2** to examine motor performance

2

Intervention: **Task-oriented approaches** (such as *Motor Skills Training, Neuromotor Task Training, the CO-OP Approach and Motor Imagery*) have positive effects on motor performance!

Avoid using impairment-based interventions alone (they have minimal to no significant impact on motor performance when used alone).
Combine them with task-oriented approaches.

3

Frequency: **2-5x/week** distributed among therapy sessions and practice opportunities at home, in school & in the community until goal-related task is achieved (average of 9 weeks, depending on goal complexity)