

ApplyEBP's 3 Practical Takeaways

From the article: ***“Self-care trajectories and reference percentiles for children with cerebral palsy.”***
Palisano, R. J., Chiarello, L. A., Avery, L., Hanna, S., & On Track Study Team. (2020).
Physical & occupational therapy in pediatrics, 40(1), 62-78.

Free Tools to Measure and Monitor Self-care of Children with Cerebral Palsy

1

***For Children with GMFCS Levels I-III:
Use the **Child Engagement in Daily Life**
(CEDL) to measure self-care skills***

2

***For Children with GMFCS Levels I-III:
Use the **CEDL's longitudinal trajectory** to
monitor progress in self-care skills with age***

3

***For Children with GMFCS Levels IV-V:
Ease of Caregiving for Children is the more
appropriate tool for measuring self-care***