

Apply EBP's 3 Practical Takeaways

From the article: "*Efficacy of an Intervention to Teach Zippering: A Two-Group Control Study.*"
Silverman, F., Knight, C., & Grasso, A. (2021). American Journal of Occupational Therapy, 75(2),
7502205010p1-7502205010p9.

Lessons Learned from an Effective Intervention for Teaching Zippering to Young Children

1

Add Visual Cues Within the Task

- In the study, children practiced zippering while wearing a vest with an image of a plant shoot, promoting oppositional pulling motion from the roots to the leaves

2

Use Storytelling Related to the Visual Cues

- In the study, children were read a picture book (developed by the investigators) about a seed growing a plant shoot from roots to leaves, followed by zippering practice

3

Collaborate with Other Professions

- In the study, OT practitioners partnered with speech-language pathologists to develop the zippering program using research drawn from OT and speech literature