Name:	GMFCS Level: I II III IV V
STAN	IDING
Equipment/Support:	

Postural Ability				
Level 1 Unplaceable in an aligned posture				
Level 2	evel 2 Placeable in an aligned posture but needs support			
Level 3	Level 3 Able to maintain position when placed but cannot move			
Level 4 Able to initiate flexion/extension of trunk				
Level 5	Level 5 Able to transfer weight laterally and regain posture			
Level 6	Able to move out of position			
Level 7	Able to move into and out of position			

Quality of Posture				
View	0/1	Comment		
Frontal				
Head midline				
Trunk symmetrical				
Pelvis neutral				
Legs separated & straight relative to pelvis				
Arms resting by side				
Weight evenly distributed				
FRONTAL SUBTOTAL				
Sagittal				
Head midline				
Trunk in neutral position				
Pelvis neutral				
Legs straight, hips/knees extended				
Feet mid-position/flat on floor				
Weight evenly distributed				
SAGITTAL SUBTOTAL				
QUALITY TOTAL				

Source: Rodby-Bousquet, E., Ágústsson, A., Jónsdóttir, G., Czuba, T., Johansson, A. C., & Hägglund, G. (2014). <u>Interrater reliability and construct validity of the Posture and Postural Ability Scale in adults with cerebral palsy in supine, prone, sitting and standing positions</u>. Clinical rehabilitation, 28(1), 82-90.

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Name:	GMFCS Level: I II III IV V
SITTING	
Equipment/Support:	

Postural Ability				
Level 1	Level 1 Unplaceable in an aligned posture			
Level 2	Placeable in an aligned posture but needs support			
Level 3	Able to maintain position when placed but cannot move			
Level 4	Able to initiate flexion/extension of trunk			
Level 5	Able to transfer weight laterally and regain posture			
Level 6	Able to move out of position			
Level 7	Able to move into and out of position			

Quality of Posture				
View	0/1	Comment		
Frontal				
Head midline				
Trunk symmetrical				
Pelvis neutral				
Legs separated & straight relative to pelvis				
Arms resting by side				
Weight evenly distributed				
FRONTAL SUBTOTAL				
Sagittal				
Head midline				
Trunk in neutral position				
Pelvis neutral				
Hips mid-position (90°)				
Knees mid-position (90°)				
Feet mid-position/flat on floor				
SAGITTAL SUBTOTAL				
QUALITY TOTAL				

Source: Rodby-Bousquet, E., Ágústsson, A., Jónsdóttir, G., Czuba, T., Johansson, A. C., & Hägglund, G. (2014). <u>Interrater reliability and construct validity of the Posture and Postural Ability Scale in adults with cerebral palsy in supine, prone, sitting and standing positions</u>. Clinical rehabilitation, 28(1), 82-90.

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Name:			GMFCS Level:	ı	II I	II I	IV	٧	
Equ	ipment/Suppo	rt:				,			
			Postural Ability						
	Level 1 Unplaceable in an aligned posture								

Placeable in an aligned posture but needs support

Able to transfer weight laterally and regain posture

Able to initiate flexion/extension of trunk

Able to move into and out of position

Able to move out of position

Able to maintain position when placed but cannot move

Level 2

Level 3

Level 4

Level 5

Level 6

Level 7

Quality of Posture				
View	0/1	Comment		
Frontal				
Head midline				
Trunk symmetrical				
Pelvis neutral				
Legs separated & straight relative to pelvis				
Arms resting by side				
Weight evenly distributed				
FRONTAL SUBTOTAL				
Sagittal				
Head midline				
Trunk in neutral position				
Pelvis neutral				
Legs straight, hips/knees extended				
Feet resting in normal position				
Weight evenly distributed				
SAGITTAL SUBTOTAL				
QUALITY TOTAL				

Source: Rodby-Bousquet, E., Ágústsson, A., Jónsdóttir, G., Czuba, T., Johansson, A. C., & Hägglund, G. (2014). <u>Interrater reliability and construct validity of the Posture and Postural Ability Scale in adults with cerebral palsy in supine, prone, sitting and standing positions</u>. Clinical rehabilitation, 28(1), 82-90.

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e:			GMFCS Level: I II III IV
		PRON	NE
pment/Support: _			
	Р	ostural <i>A</i>	Ability
Level 1	Unplaceable in a	an aligned p	posture
Level 2			sture but needs support
Level 3	Able to maintain	position wh	hen placed but cannot move
Level 4	Able to initiate fle	exion/exten	nsion of trunk
Level 5	Able to transfer v	weight later	erally and regain posture
Level 6	Able to move ou	t of position	on .
Level 7	Able to move into	o and out o	of position
	Qu	ality of F	Posture
V	iew	0/1	Comment
Fro	ontal		
Head to one side			
Trunk symmetrical			
Pelvis neutral			
Legs separated & str	aight relative to pelvis		
Arms resting (elevate	ed, mid-position)		
Weight evenly distrib	uted		
FR	ONTAL SUBTOTAL		
Sagittal			
Trunk in neutral position			
Pelvis neutral			
Hips extended			
Knees extended			
Arms resting (elevated, mid-position)			
Weight evenly distributed		1	

Source: Rodby-Bousquet, E., Ágústsson, A., Jónsdóttir, G., Czuba, T., Johansson, A. C., & Hägglund, G. (2014). <u>Interrater reliability and construct validity of the Posture and Postural Ability Scale in adults with cerebral palsy in supine, prone, sitting and standing positions</u>. Clinical rehabilitation, 28(1), 82-90.

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**SAGITTAL SUBTOTAL** 

**QUALITY TOTAL**